

### MONDAY

**2**

- WG Turkey & Beef Pepperoni Stuffed Pocket
- Italian Marinara Cup
- Fresh Baby Carrots
- It's Pizza! Go Bonzos Roasted Garbanzo Beans
- Strawberry Fruit Juice Gels (100% Juice)

### TUESDAY

**3**

- **Macaroni and Cheese**
- Green Beans
- Oval Dinner Roll (enriched)
- Romaine & Spinach
- Fresh Grape Tomatoes
- Mixed Berry cup

### WEDNESDAY

**4**

- **Fluffy WG Pancakes**
- **Turkey Sausage Patty**
- Fresh Baby Carrots
- Fresh Celery
- Strawberries

### THURSDAY

**5**

- **Mini Turkey WG Corndogs**
- Cooked Carrots
- Crisp Romaine Lettuce
- Fresh Cucumber Slices
- Green Peas
- Applesauce Cup

### FRIDAY

**6**

- Whole Grain Soft Pretzel
- Cheddar Cheese Cup
- Mozzarella String Cheese
- Crunchy Carroteenies
- Cool Ranch Go Bonzos Roasted Garbanzo Beans
- Chewy Craisins
- WG Confetti Cake Cookie filled with Frosting

**9**

- **Breaded Chicken Patty**
- Cooked Carrots
- **WG Hamburger Bun**
- Fresh Baby Carrots
- Cool Ranch Go Bonzos Roasted Garbanzo Beans
- Raisins

**10**

- Cheese Stuffed Breadsticks
- Italian Marinara Cup
- Romaine & Spinach
- Fresh Jicama
- Blueberries

**11**

- Beef Taco Meat
- Cooked Corn
- WG Crispy Tostitos Chips
- Crisp Romaine Lettuce
- Fresh Grape Tomatoes
- Shredded Cheddar Cheese
- Peach Cup (frozen)

**12**

- Celebrate Great Apple Crunch day!
- **Chicken Nuggets**
- Mashed Potatoes
- Oval Dinner Roll (enriched)
- Fresh Broccoli Florets
- Fresh Cauliflower
- Fresh Apple Slices in a Bag

**13**

- Beef Meatballs
- Spaghetti Sauce
- WG Mini Garlic Toast
- Crisp Romaine Lettuce
- Fresh Grape Tomatoes
- Mandarin Orange Cup
- Soft Triple Chocolate Hershey filled Whole Grain Cookie

**16**

- **Hamburger Patty**
- Cooked Corn
- **WG Hamburger Bun**
- Fresh Baby Carrots
- It's Pizza! Go Bonzos Roasted Garbanzo Beans
- Dill Pickle Slices
- Cherry Fruit Juice Gels (100% Juice)

**17**

- **Macaroni and Cheese**
- Green Beans
- Oval Dinner Roll (enriched)
- Romaine & Spinach
- Fresh Grape Tomatoes
- Green Peas
- Mixed Berry cup

**18**

- **Fluffy WG Pancakes**
- **Turkey Sausage Patty**
- Fresh Baby Carrots
- Fresh Celery
- Strawberries

**19**

- **Mini Turkey WG Corndogs**
- Mixed Vegetables (carrots, green beans, corn, peas)
- Crisp Romaine Lettuce
- Fresh Cucumber Slices
- Blueberries

**20**

- **WG Grilled Cheese Sandwich**
- Crisp Romaine Lettuce
- Fresh Baby Carrots
- Green Peas
- Sweet Pineapple Cup

**23**

- **Ball-park Turkey Hot Dog**
- Green Peas
- **WG Hot Dog Bun**
- Baked Potato Chips
- Fresh Baby Carrots
- Cool Ranch Go Bonzos Roasted Garbanzo Beans
- Applesauce Cup

**24**

- Egg Patty
- **Turkey Sausage Patty**
- WG Buttery Croissant
- Crisp Romaine Lettuce
- Fresh Jicama
- Blueberries

**25**

- WG Mini Flatbreads
- Shredded Mozzarella Cheese
- Italian Marinara Cup
- Romaine & Spinach
- Fresh Grape Tomatoes
- Peach Cup (frozen)

**26**

- **Popcorn Chicken**
- Cooked Corn
- Oval Dinner Roll (enriched)
- Fresh Broccoli Florets
- Fresh Cauliflower
- Sugar Snap Peas
- Diced Pear Cup

**27**

No School

**30**

- **Breaded Chicken Patty**
- Green Beans
- **WG Hamburger Bun**
- Fresh Baby Carrots
- It's Pizza! Go Bonzos Roasted Garbanzo Beans
- Orange Fruit Juice Gels (100% Juice)

**31**

- Beef Meatballs
- Spaghetti Sauce
- WG Mini Garlic Toast
- Romaine & Spinach
- Fresh Jicama
- Sliced Green Peppers
- Mixed Berry cup
- Celebrate Halloween with a WG Sugar Cookie with Pumpkin face

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**Milk Available Daily:** Skim White Milk , Lowfat (1%) Chocolate Milk

**Condiments:** Availability of condiments varies , Barbecue Sauce , Butter , French Dressing , Ketchup , Mayo Packet , Mustard , Ranch Dressing , Sour Cream , Mrs. Butterworth's Syrup , Smuckers Syrup , Syrup , Taco Sauce , Tajin Fruit Seasoning

**Field Trip Lunch (SY 2023-24):** Picnic Meal A: , Turkey & Cheese Sandwich on WW Bun , Power Punch 100% (Vegetable) Juice or Dragon Punch 100% (Vegetable) Juice , Chewy Craisins or Raisins , Picnic Meal B: , Turkey & Cheese Lunchable with Crackers , Power Punch 100% (Vegetable) Juice or Dragon Punch 100% (Vegetable) Juice , Chewy Craisins or Raisins , Milk offered with all picnics: , Skim White Milk or Skim Chocolate Milk

**Gluten Free/Dairy Free HOT meal items: Lunch & Dinner (includes other vegetables and fruits and soy milk)** , Pasta with Chicken , GF Penne Pasta , Diced Chicken , Green Peas , Chicken Fajita , Chicken Fajita Strips , Cooked Corn , Corn Tortilla chips , Hot Dog , Ball-park Turkey Hot Dog , GF Hot Dog Bun , Cooked Corn or Green Beans or Cooked Carrots or Green Peas , Hamburger on a Bun , Hamburger Patty , GF Hamburger Bun , Cooked Corn or Green Beans or Cooked Carrots or Green Peas , Chicken & Potatoes , Grilled Chicken Breast or Diced Chicken , Real Mashed Potatoes , GF White Rice Bread , Grilled Chicken Sandwich , Grilled Chicken Breast or Diced Chicken , Cooked Corn or Green Beans or Cooked Carrots or Green Peas , GF Hamburger Bun , Chicken Strips , GF Breaded Chicken Strips , Green Beans , GF White Rice Bread , Homemade Gluten Free Pizzas (NOT Dairy free/ contains Dairy): , Gluten Free Cheese Pizza , Gluten Free Turkey Pepperoni Pizza , Picnic Meal , Sliced Turkey Breast , GF White Rice Bread , Crunchy Carroteenies and Fresh Grape Tomatoes OR Wango Mango 100% (Vegetable) Juice , Applesauce Cup or Chewy Craisins , Mayo Packet , Gluten Free Desserts offered at Lunch (NOT Dairy free/ contains Dairy): , Gluten Free Snickerdoodle Cookie , Gluten Free Chocolate Chip Cookie

**Menu subject to change without notice.** Menu may change due to availability of food, school closings, and other emergencies.

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